



**FOR IMMEDIATE RELEASE**  
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***Keiter, Slabaugh, Penny & Holme adds new Technical Consultant***

Glen Allen, VA – **Keiter, Slabaugh, Penny & Holme, LLC (KSPH)**, an employee benefits and human resource management firm, announces that **Karen Glass** has joined the firm as a Technical Consultant.

Jim Slabaugh, founding partner of KSPH, was pleased to have Karen Glass join the team, “I have worked with Karen before and know she will be an excellent addition to the KSPH team. Karen’s experience within the employee benefit field is highly regarded by Virginia employers.”

Glass has over 18 years of experience working in the human resources and employee benefit field. Prior to joining KSPH, Glass was a Technical Consultant in the health and welfare area of Wachovia Insurance Services (formerly Palmer & Cay). Karen also spent 10 years working with A. Foster Higgins, a national employee benefit consultant. Her experience includes the underwriting analysis of medical and dental plans on both a fully insured and self funded basis. She has also worked extensively in underwriting consumer driven health plans, developing pricing methodologies and employee contribution strategies.

Glass is a member of the Professional Association of Healthcare Management and is a licensed as a life and health consultant in the Commonwealth of Virginia.

Keiter, Slabaugh, Penny & Holme, LLC, founded in October 2000, is dedicated to creating cost effective, professional solutions for managing a company’s employee benefits needs. Their staff of professionals includes benefit design and administration specialists, underwriters, communications

professionals, and human resources professionals. The firm has grown to 24 employees during the last five years. For more information on the firm, please visit [www.ksphllc.com](http://www.ksphllc.com) or call 804-418-6290.